

What if I don't like either photo during the assessment?

The first thing to remember is that the photos are intended to show interest areas, not specific careers. Maybe think about it as choosing the one that you dislike the least. The 60 photo selections will be combined to identify your interests.

How does the tool work? Is there any scientific basis?

By clicking on the photos that you like, you are identifying your interests. In this way, we are narrowing down your career interests using the "Holland" RIASEC career model. The RIASEC model has been studied for almost 60 years and has more empirical support than any other career theory. A match between one's RIASEC interest code and one's O*Net career code (also known as person-environment fit) has been linked to greater career stability and job satisfaction. The images that you see in me3® have been calibrated against results from validated assessments such as the Strong Inventory Assessment.

What if I don't like the career choices that the tool gave me?

Although Career Assessments aren't able to perfectly predict your one best career match, they are powerful tools designed to help facilitate a successful career exploration process. You will be shown three careers that most closely align with your RIASEC code. You can choose to remove a career from the list by clicking on the "x". Even if you don't immediately connect with the career choices you are given, we encourage you to look at what those careers have in common and look at other suggested careers. Remember that this tool is intended to start the exploration process, kicking off some conversations, not to be able to see the future.

How were the career choices determined? Did Pitt make up those results?

me3® uses a sophisticated Euclidean distance matching algorithm. Based on your image selections you receive a score in each of the 6 RIASEC categories; me3® then compares your scores to those of more than 500 careers based on data provided by the U.S. Department of Labor. The results you see are the careers with scores that are most similar to your individual results across each of the 6 categories.

Okay, I am ready to declare or change my major. Now what?

If you have identified that you want to declare or change your major, the first thing we suggest is that you contact your academic advisor. They can help to set you on the path to declare or change your major.